



RESEARCH & CAMPAIGNS

Black Lives Matter

If you **have been affected** by recent events about racism in the USA, UK and elsewhere in the world then below are some resources that we hope you will find helpful.

If you **have not been affected** by recent events about racism in the USA, UK and elsewhere in the world then below are some resources that we hope you will find helpful in your journey towards becoming affected.

Citizens Advice has shared [on Twitter, advice and ways to get support](#) for those who have been targets of racism and discrimination. Please share the thread widely.

**BLACK
LIVES
MATTER**
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**BLACK
LIVES
MATTER
UK @UKBLM**

[BLACK LIVES MATTER](#) was founded in 2013 in response to the acquittal of Trayvon Martin's murderer. Black Lives Matter Foundation Inc. is a global organization in the US, UK, and Canada, whose mission is to eradicate white supremacy and build local power to intervene in violence inflicted on Black communities by the state and vigilantes. By combating and countering acts of violence, creating space for Black imagination and innovation, and centering Black joy, we are winning immediate improvements in our lives. See also: [on Twitter BLACK LIVES MATTER UK](#).



[Podcast: About Race](#) with Reni Eddo-Lodge.

[George Floyd....and the Lessons We ALL Need to Take](#)

TO BE AN ALLY IS TO...

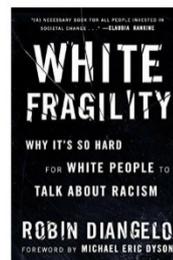
1. Take on the struggle as your own.
2. Stand up, even when you feel scared.
3. Transfer the benefits of your privilege to those who lack it.
4. Acknowledge that while you, too, feel pain, the conversation is not about you.

[Allyship](#)



[The Conscious Kid](#)

[Self-Care Tips for Black People Who Are Struggling With This Very Painful Week](#)



[White people, the responsibility of ending racist systems rests on your shoulders](#) (The Independent)

[White Fragility: Why it's so hard for white people to talk about racism](#) (Dr Robin DiAngelo, YouTube).

Anti-racism resources

Anti-racism resources for White People

[Click here](#)

[and here](#)



**If you identify as being (BAME)
Black, Asian or come from a minority ethnic background**
[click here](#)

**If you don't identify as BAME
but wish to participate in conversations about race, you can join
our group for allies**
[click here](#)